

Title: Ethics and Supervision: The Trauma of It

Standard schedule – 3 CEs per session

Morning session: Ethics: The Trauma of It - 8:30am – 12:00pm (registration/sign in 8:00am-8:30am, one 15-minute break

Afternoon session: Supervision: The Trauma of It - 1:00pm – 4:30pm (registration/sign in 12:30pm-1:00pm, one 15-minute break

Description:

Morning session: What are ethical considerations around trauma treatment and care? What does it mean to be trauma informed? How much do I need to know and understand about trauma to be treating it? In this workshop, we will explore the ethical issues and considerations, best practice standards and competencies around the treatment of trauma.

Afternoon session: And what about Supervision? What does a trauma informed supervisor look like? Do I know enough about trauma to supervise individuals who are treating trauma? Am I providing a trauma informed environment for my supervisee? What are the considerations, best practice standards, and competencies of a trauma informed supervisor? In the second part of this workshop we will explore a trauma informed model and approached to supervision.

Goals/Objectives Ethics:

1. Define trauma informed care and treatment and explore the ethical considerations around treating trauma.
2. Define competency as a trauma informed therapist.
3. Identify 2-3 examples of ethical dilemmas related to trauma treatment and therapy.

Goals/Objectives Supervision:

1. Identify considerations, best practice standards, and competencies of trauma informed supervision.
2. Explore a trauma informed model and approach to supervision.
3. Identify 2-3 examples of ethical dilemmas within the supervisory context of trauma treatment and therapy.

Agenda/Timed Outline: Morning session

8:00am – 8:30am	Registration/Sign In
8:30am – 10:00am	Define trauma informed care and treatment utilizing the SAMHSA standards. Explore ethical considerations around treating trauma.
10:00am – 10:15am	Break
10:15am – 11:45am	Define competency as a trauma informed therapist. Describe scenarios of potential ethical dilemmas related to trauma treatment and therapy.
11:45am – 12:00pm	Wrap Up/Q&A/Evaluations
12:00pm – 12:30pm	Lunch

Agenda/Timed Outline: Afternoon session

12:30pm – 1:00pm	Registration/Sign In
1:00pm – 2:30pm	Identify considerations, best practice standards, and competencies of trauma informed supervision.
2:30pm – 2:45pm	Break
2:45pm – 4:15pm	Explore a trauma informed model and approach to supervision. Describe scenarios of potential ethical dilemmas within the supervisory context of trauma treatment and therapy.
4:15pm – 4:30pm	Wrap Up/Q&A/Evaluations