

Leah Fogt, MSW, LISW-S

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937-681-3565

EDUCATION and TRAINING:

Certified EMDR Therapist, September 2018, EMDR International Association

Approved Consultant, October 2020 to present

Certified Trauma and Loss Specialist, October 2010

The National Institute for Trauma and Loss in Children

Certified in: Structured Sensory Intervention, Critical Incident Debriefing

Trained in: Trauma Focused Cognitive Behavioral Therapy

Masters in Social Work, June 2008, The Ohio State University

Honors: Advanced Standing Alternative Plan

Bachelor of Arts/Sciences in Social Work, May 2007, Magna Cum Laude, The Catholic Univ. of America

Honors: Phi Beta Kappa – Honors Society, Phi Eta Sigma – Honors Society, Alpha Delta Mu – Social Work Honor Society, Pi

Gamma Mu – International Honor Society in Social Sciences, Emerging Leaders, Dean's List (all semesters),

Achievement in Social Work Award, Mary Elinor Smith Community Service Award

RELATED WORK EXPERIENCE:

Owner/Consultant, Leah Fogt Counseling & Consultation, LLC

June 26, 2021 to present

EMDR therapist, consultant, and trauma educator; specializing in ethical integration of spirituality in psychotherapy

Coordinator of Psychotherapy Services, Midwest Psychiatric Center, Inc., West Chester, Ohio

October 2024 to present

Psychotherapist

May 2012 to present

Contract therapist in private psychiatry practice owned by Dr. Rakesh Kaneria, MD

Individual outpatient psychotherapy; specializing in EMDR Therapy.

Therapist, Butler Behavioral Health Services, Inc., Middletown Counseling Center

Middletown, Ohio

Staff Therapist June 2008 to April 2013; Contract Therapist April 2013 to August 2014

Individual, group, & child therapy; established school-based counseling; created and facilitated stress management group; provided critical incident debriefings; specialized areas of practice in disabilities, Latino populations, and trauma interventions. Crisis intervention. Interim Designated Health Officer in Butler County, OH.

FIELD EDUCATION AND STUDENT LEARNING:

MSW Field Placement, National Multiple Sclerosis Society, Ohio Buckeye Chapter

Columbus, Ohio – January 2008- May 2008

Support groups, home visits, crisis resolution, information & referral, advocacy, fundraising.

MSW Field Placement, Heritage Day Health Centers

Columbus, Ohio – October 2007 to January 2008

Carried case load of 10+ of adults with mental health diagnosis, medical needs, &/or disabilities.

Senior/Foundation Field Placement, Lt. Joseph P. Kennedy Institute

Catholic Charities DC, formerly Catholic Community Services

Washington, DC – September 2006 to April 2007

Provided play therapy & treatment planning for clients with developmental disabilities &/or serious medical needs in the Early Childhood Development Program

Student Coordinator and Disability Aide, CUA Disability Support Services

Washington, DC – August 2004 to November 2006

Coordinated academic accommodation program; worked as aide to students with various disabilities

Received the Outstanding Student Advocate for Disability Award – October 2005

Junior Field Placement, Edward C. Mazique Parent Child Center

Washington, DC – January 2006 to April 2006

Observed and assisted in services provided to children with significant hearing impairment and their families. Co-hosted child abuse prevention program.

COMMUNITY SERVICE/VOLUNTEER WORK:

Disaster First Responder, NASW Ohio Chapter,

Volunteers emergency services in case of natural or other disasters.

Volunteer Facilitator, Next Chapter Book Club

Columbus, Ohio – June 2007 to 2008

Facilitated weekly book club meetings for 8-10 adults with developmental or intellectual disabilities .

Mission Panama, CUA Campus Ministry

Washington, DC and Caizán, Panama – January to July 2005

PROFESSIONAL INVOLVEMENT:

EMDR International Association, October 2017 to present

The National Institute for Trauma and Loss in Children, July 2010 – December 2020

National Association of Social Workers

Washington, DC chapter – 2006-2007

Ohio chapter – 2007 to present

Baccalaureate Social Service Student Organization (BASSO), Catholic Univ. of America, 2003-2007

Served two terms as Secretary (2005-2006 & 2006-2007)

RESEARCH & PUBLICATIONS:

Thesis: *Not a Small World After All: Promoting the Social Inclusion of Little People,*

April 2007, Passed with Honors

Independent Study: *Crisis Intervention in Schools,* April 2007

Independent Study: *Autism Spectrum Disorders,* March 2008

NASW, Ohio Chapter, Ohio Update, *Student Spotlight,* May 2008

NASW, Ohio Chapter, Ohio Update, *The Value of Self-Care,* March/April 2016

Presentations and Workshops:

Introduction to Trauma-Informed Social Work Practice

Understanding Secondary Traumatization and Promoting Self-Care for Social Workers

Mental Health Basics, presentation for high school health and science classes