

Abigail Morgan, LCSW

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Clinical Supervisor

Passionate clinical social worker with nearly 20 years to the field through community mental health and outpatient practice. Dedicated to ensuring the future of the field maintains core social work ethics and principles by providing clinical supervision to Master's prepared social work supervisees.

Career Experience

Owner, Clinical Director at Sea Level Counseling and Wellness, LLC, Norfolk, VA

May 2019 – Present

Trauma-informed mental wellness clinic providing outpatient psychotherapy to individuals in Hampton Roads. LGBTQIA+-allied.

All staff are trained in Eye Movement Desensitization and Reprocessing.

Master's prepared social workers and counseling residents are able to complete licensure hours in our SLCW Residency Program. This program employs the master's prepared therapists, has clinical supervision on site, and ensures continuing education is part of weekly job duties.

Provides supervision and oversight for all day to day operations-both clinical and administrative

Creates all policies and procedures

Manages financial health of company

Obtains collaborative support for profit forecasting and human resources.

Adjunct Faculty at Virginia Wesleyan University, Virginia Beach, VA

January 2019 – December 2020

Adjunct Faculty for BSW students teaching SW 251: Diversity and Social Problems in Social Work and SW 400: Social Work Methods with Groups and Communities.

Provided positive classroom experience by incorporating current practice experience and real world examples with course curriculum.

Facilitated discussion that connected to social work values and ethics.

Licensed Clinician, Outpatient Services at Riverside Behavioral Health Center, Hampton, VA

January 2013 – December 2014

- Individual, group, and family therapy with adult and geriatric clients.
- Consultant and therapist for the Program for All-Inclusive Care for the Elderly (PACE)
- Advisor for updating electronic medical record for Outpatient Services

Intake Clinician at Norfolk Community Services Board,
Norfolk, VA

November 2012 — September 2013

- Intake assessment for adults with mental illness, substance abuse, and/or intellectual disability
- Referral and case coordination with agency services and community resources
- VICAP assessments
- Supervision of ODU Masters-level interns
- Consultation with agency on electronic medical record

Owner, Solo Psychotherapy Private Practice at Abigail
Morgan, LLC, Norfolk, VA

January 2012 — May 2019

Solo private practice owner.

Specializing in trauma, EMDR, codependency, adult children of alcoholics (ACOA), military population, and phase of life transitions. LGBTQIA+ allied.

Therapist II at Hampton Newport News Community
Services Board, Hampton, VA

April 2010 — November 2012

- Individual, group, and family therapy with adults diagnosed with mental illness and co-occurring disorders.
- Group and individual therapy with adults referred by ASAP for alcohol-related offenses.
- Development and facilitation of Assertiveness training group therapy
- Development and facilitation of substance abuse treatment groups
- Manage client caseload, service utilization, and documentation requirement
- Care coordination duties with community resources
- Complete assessments for the Virginia Independent Clinical Assessment Project (VICAP).
- Clinical consultant for the implementation of the agency conversion to electronic medical records

Clinical Therapist at Riverside Behavioral Health Center,
Hampton, VA

May 2004 — June 2011

- Biopsychosocial assessment with adults, adolescents, and children in both acute and residential settings
- Group therapy sessions with adults, adolescents and children with chronic mental illness and co-occurring disorders
- Development and facilitation of a family education group to provide mental illness, substance abuse, and medication education
- Family therapy
- Facility liaison with the Hampton/Newport News chapter of the National Alliance on Mental Illness, supervision over the In Our Own Voice presentations within the facility
- Employee of the Quarter 2007, Employee Spotlight 2009
- Task coordinator for all Masters-level social work interns.

Clinician II at Virginia Beach Department of Health and
Human Services, Virginia Beach, VA

January 2007 — July 2009

- Emergency Services

- Crisis assessment and intervention for individuals in the community experiencing mental health crises
- Coordination of in-patient hospitalization and crisis stabilization services
- Communication with various community agents and law enforcement officials
- Referral to and link age with treatment alternatives and community resources

Dialectical Behavioral Therapy (DBT) Therapist at Hope
Therapeutic Foster Care, Inc, Newport News, VA

September 2011 – August 2012

- Planning and Facilitation of dialectical behavioral group therapy
- Coordination of activities and supervision of adolescents in therapeutic foster care
- Record management
- Consultation with treatment team members

Education

Clinical Social Work License, June 2009

Virginia Department of Health Professions, License number 0904007148

Bachelor of Social Work, August 1999 – May 2003

Radford University, Radford, VA

Master of Social Work, August 2003 – May 2005

Virginia Commonwealth University, Richmond

Areas of Expertise

- Written and Oral Communications
- Strong Work Ethic
- Clinical
- Leadership
- Relationship Building
- Solution-focused

Professional Training

Eye Movement Desensitization and Reprocessing
(EMDR)-Approved Consultant, Norfolk

August 2014 – Present

Basic Training-completed 40 hours of practicum, course content and consultation

EMDRIA Certified Therapist-completed an additional 20 hours of consultation in EMDR therapy

EMDRIA Approved Consultant-completed an additional 20 hours of consultation. Able to provide consultation to consultants-in-training and EMDRIA certified therapists

The New Scaling4Growth: Streetwise MBA Program, Norfolk

August 2021 – February 2022

Scaling4Growth is Virginia's brand of the Interise Streetwise MBA program.

This six-month program is designed for business owners to learn how to scale their business by assessing their business model and becoming more efficient in areas of human resource, finance, social media, procurement and bank speak.

Clinical Supervision Training

Virginia Tech Clinical Supervision Training

2010

NASW Clinical Supervision Training

2015, 2020